

One Simple Change



HEALTHY LIVING USED TO BE

simple



HEALTHY LIVING USED TO BE

simple





HOW ARE YOU TAKING CARE OF *you?*

- Eating real food
- Exercise
- Drinking water
- Sleeping 7-8 hours per night

THERE ARE **TWO STARTLING
TRENDS IN OUR WORLD**



ENVIRONMENTAL TOXINS ARE **INCREASING**



FOOD QUALITY IS **DECREASING**

PRESERVATIVES

LESS NUTRIENTS

FLAVOR ENHANCERS

PESTICIDES

EMULSIFIERS

TRANS FATS

SYNTHETIC VITAMINS

ARTIFICIAL COLORS

GMO

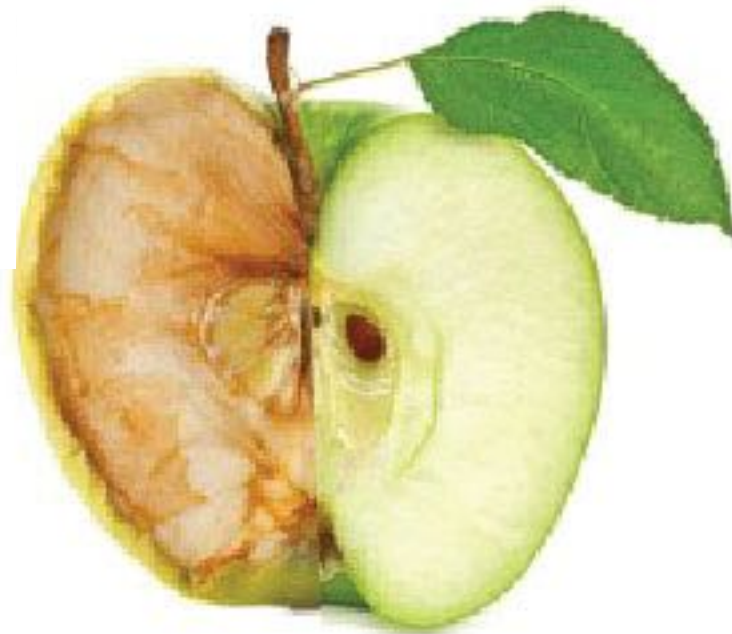
GROWTH HORMONES



OXIDATIVE STRESS IS LINKED TO POOR HEALTH


"In each human cell, the DNA is hit about 10,000 times a day by mutagenic oxidants."

Bruce Ames, Ph.D,
National Institute of Environmental
Health Sciences Center



Your best defense is
antioxidants





**“The news isn’t that fruits and vegetables
are good for you. It’s that they are so
good for you they could save your life.”**

Time Magazine, 2003

DETOXIFY AND PROTECT

VS

Apple

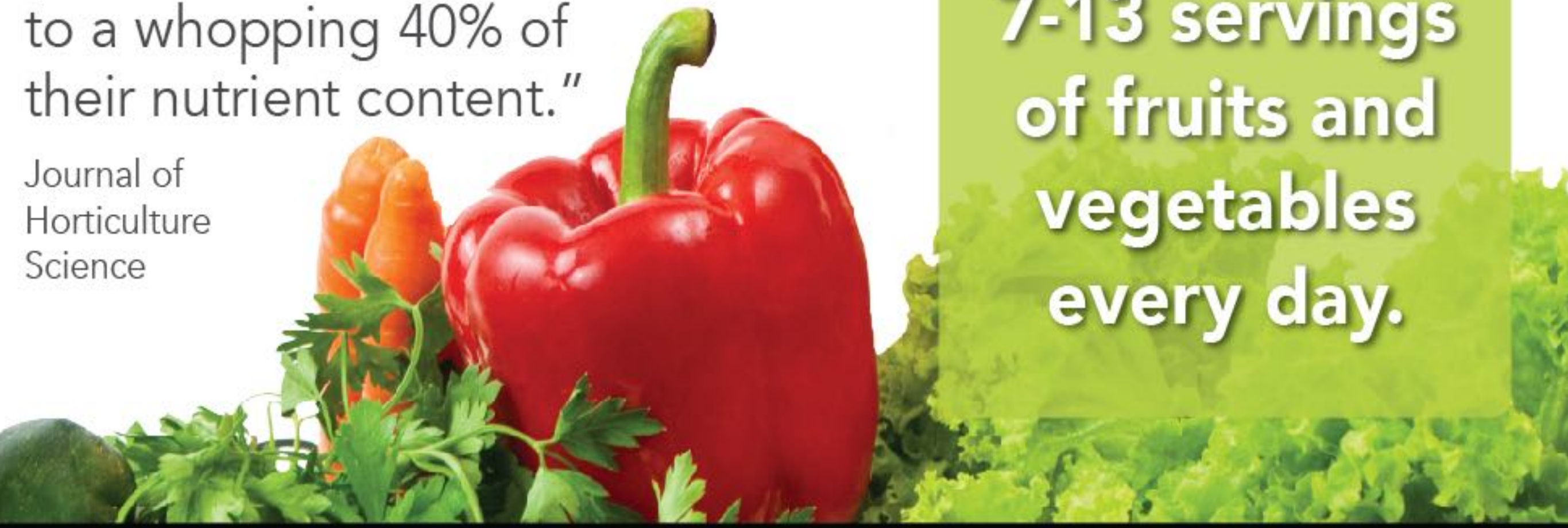
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DID YOU KNOW THAT TODAY'S MASS PRODUCED PRODUCE PACKS A *less* nutritional punch?

"Some varieties have lost 5%
to a whopping 40% of
their nutrient content."

Journal of
Horticulture
Science

**We need
7-13 servings
of fruits and
vegetables
every day.**



Make One Simple Change

30 WHOLE FOODS

 APPLE	 ACEROLA CHERRY	 BEET	 BEET	 BROCCOLI	 BROWN RICE	 ARTICHOKE	 BILBERRY	 BLACKBERRY
 CRANBERRY	 DATE	 ORANGE	 CABBAGE	 CARROT	 GARLIC	 BLACK CURRANT	 BLUEBERRY	 COCOA
	 PINEAPPLE	 PAPAYA		 KALE	 OAT BRAN		 CONCORD	 CRANBERRY
	 PEACH	 PRUNE		 PARSLEY	 SPINACH		 ELDERBERRY	 POMEGRANATE
				 TOMATO			 RASPBERRY	
Orchard Blend			Garden Blend			Vineyard Blend		

JUICE PLUS+ COMPLETE *shakes*



- Low glycemic load stabilizes blood sugar
- Vegan & non GMO
- Gluten & Dairy free
- Plant-based protein blend
- Powerful prebiotic fiber and oligosaccharides

45 WHOLE FOODS

PLANT *Power*



ACEROLA CHERRY



AMARANTH



ARTICHOKE LEAF



BILBERRY



BLACK CURRANT



BROCCOLI



CABBAGE



CHICKPEA



CONCORD GRAPE



DATE



ALFALFA SPROUT



APPLE



BEEF



BLACKBERRY



BLUEBERRY



BROCCOLI SPROUT



CARROT



COCOA



CRANBERRY



ELDERBERRY



MUSHROOM



ORANGE



PARSLEY



PEACH



POMEGRANATE



PUMPKIN



RADISH SPROUT



RICE



SPINACH



TOMATO



OAT



PAPAYA



PEA



PINEAPPLE



PRUNE



QUINOA



RASPBERRY



SOY



SPIRULINA



YUCCA



GARLIC



GRAPE



KALE



GINGER ROOT



GREEN TEA



MILLET

JUICE PLUS+ *Omega* BLEND



Omega fatty acids support a broad array of health benefits — especially for the **HEART, BRAIN, JOINTS, SKIN, and EYES.**

- 100% plant-based, whole food nutrition
- Pure and sustainable
- Full spectrum omegas
- Cold-pressed
- Vegetarian capsules

JUICE PLUS+ IS *Unique*



45 WHOLE FOODS

- Food label
- Phytonutrients
- Non-GMO Ingredients
- Dairy-Free
- Gluten-Free

NSF CERTIFIED

- 3rd party quality assurance

CLINICAL RESEARCH

- Over 35+ published clinical studies

The Most Researched Nutritional Product in the World.



Yale University
School of Medicine

BYU | BRIGHAM YOUNG UNIVERSITY

VANDERBILT UNIVERSITY
MEDICAL CENTER



THE UNIVERSITY
OF ARIZONA

THE UNIVERSITY OF TEXAS
MD Anderson
Cancer Center

Making Cancer History®



Medical University of Graz

universität
Witten/Herdecke



KING'S
College
LONDON
University of London



Sydney Medical School

Nemours Children's Clinic



UNIVERSITY OF
BIRMINGHAM

UF UNIVERSITY OF
FLORIDA
College of Medicine



MEDICAL
UNIVERSITY
OF VIENNA



UNIVERSITY OF MARYLAND
MEDICAL CENTER



THE UNIVERSITY OF NORTH CAROLINA
GREENSBORO



Wake Forest®
School of Medicine

CHARITÉ
UNIVERSITÄT AACHEN



THE UNIVERSITY OF TEXAS
HEALTH SCIENCE CENTER AT HOUSTON



THE UNIVERSITY OF MISSISSIPPI
MEDICAL CENTER
EDUCATION • RESEARCH • HEALTHCARE

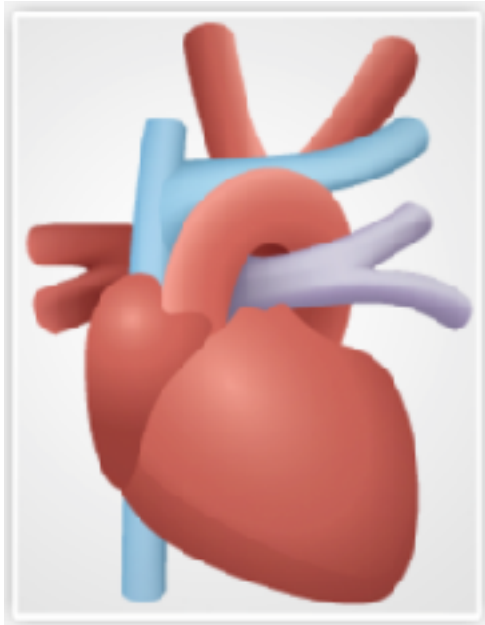


MUSC
MEDICAL UNIVERSITY
of SOUTH CAROLINA

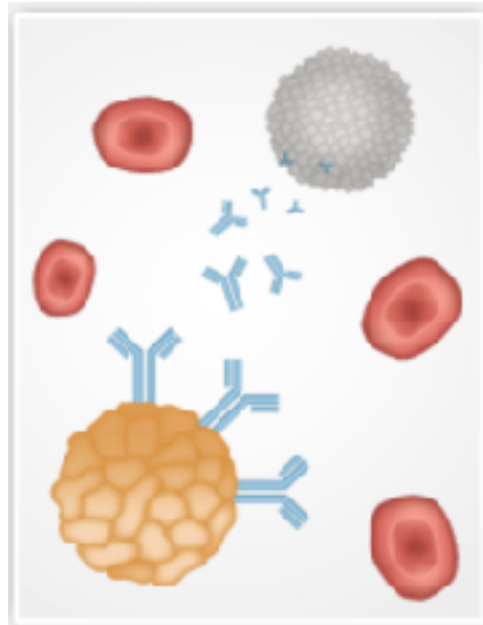


Julius-Maximilians-
UNIVERSITÄT
WÜRZBURG

Improves
Cardiovascular
Wellness



Supports
The Immune
System



Improves
Gum
Tissue



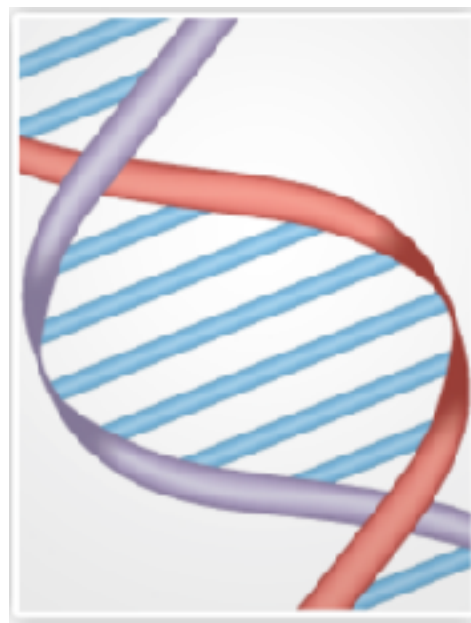
Reduces
Oxidative
Stress



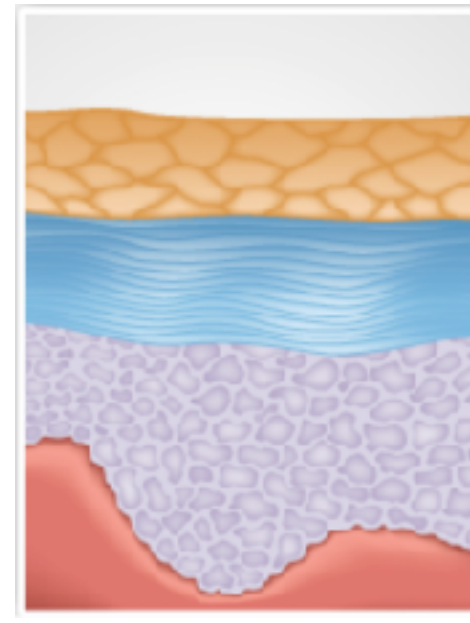
Reduces
Inflammation



Protects
DNA

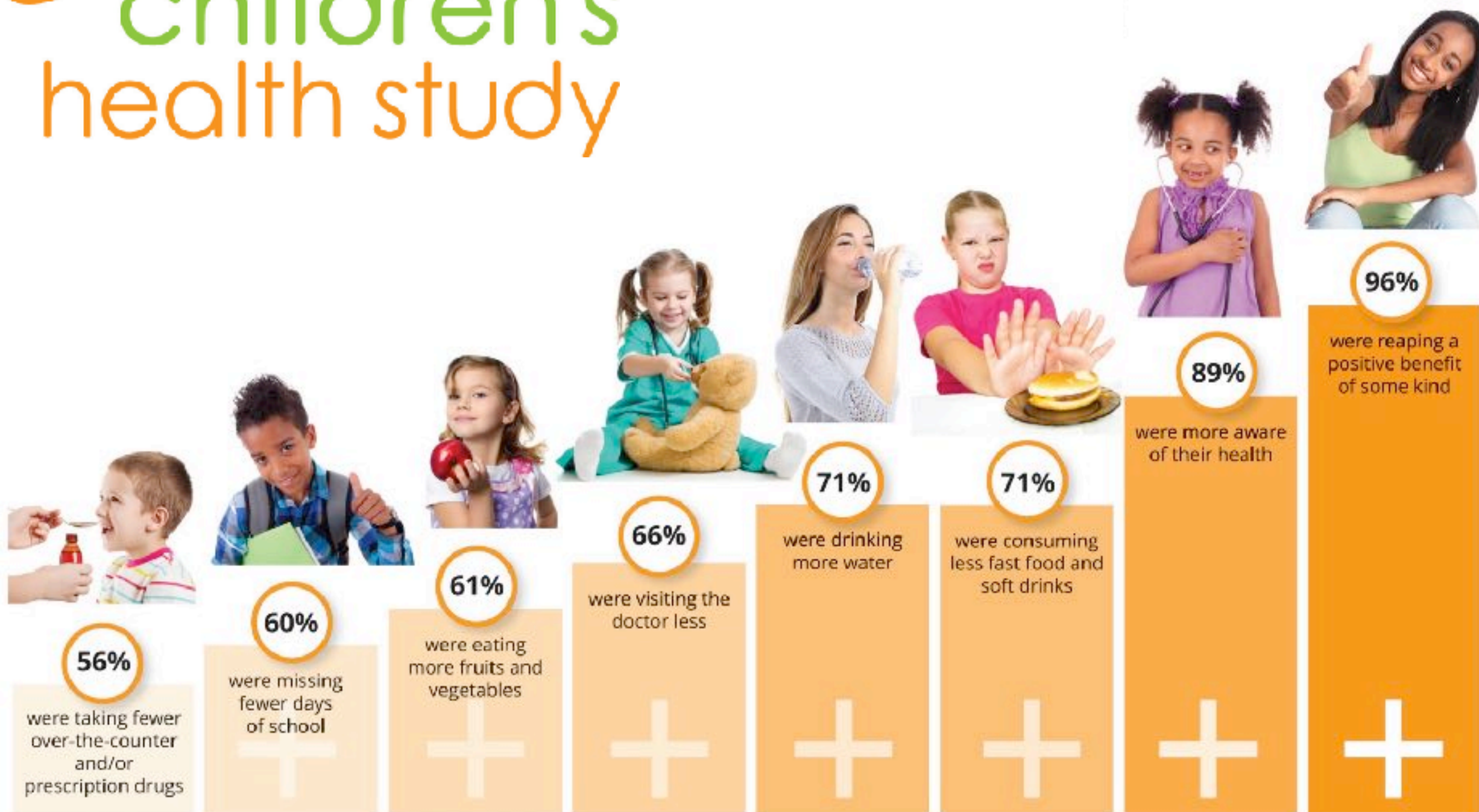


Healthier
Skin



+ Insulin Resistance
+ Abdominal Fat Mass
+ Quality of Life
+ Lung Health

Juice PLUS[®] children's health study





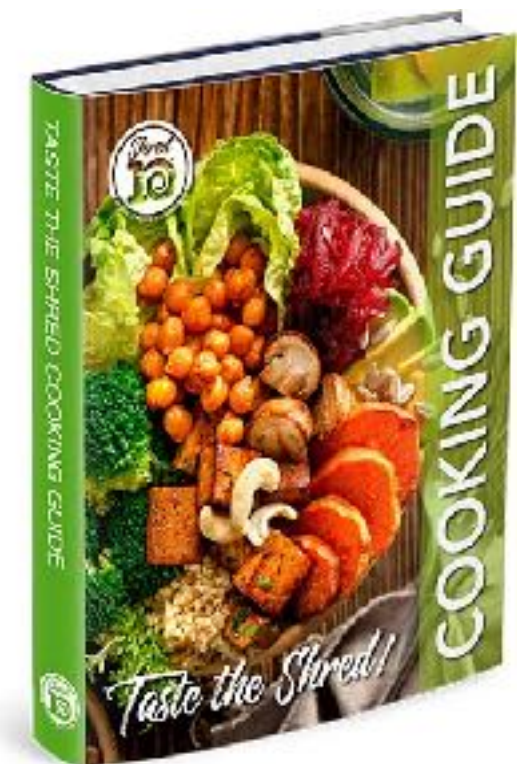
Grow Good Health

TOWER GARDEN

The Future of Gardening

- Grow 30% more
- No dirt, digging or weeding
- 90% less water
- 90% less space

SHRED THE **FOOD**, **TOXINS**, & **HABITS** THAT ARE NOT SERVING YOU



Healthy Living Community

- Free Cookbook
- Free Kid's Program
- Facebook Support Groups
- Live and Online Educational Events



Visit www.HealthyLivingRevolution.com

WE INVITE
you
TO JOIN US!

